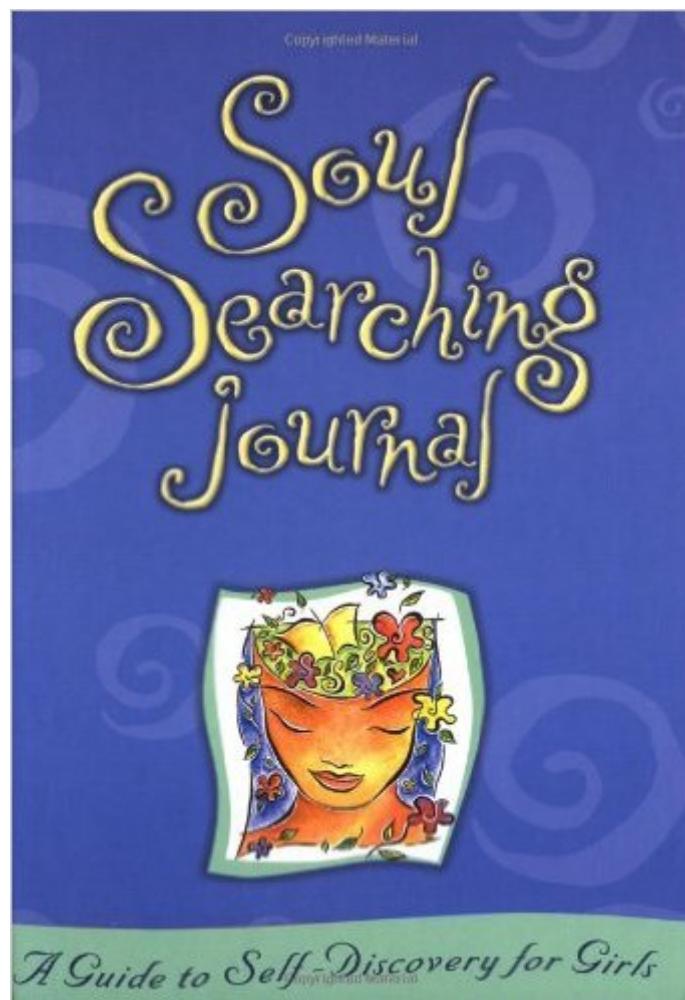


The book was found

Soul Searching Journal: A Guide To Self Discovery For Girls



Synopsis

Somewhere deep inside, we all know what's best for us "it's only a matter of listening. The Soul Searching Journal is about tuning into your own inner wisdom and by doing so, discovering more about yourself. There are plenty of activities in this journal to put you on the path to self-discovery, but keep in mind that these are suggestions "nothing about journaling is set in stone. You can use this journal to channel your creativity, sort out problems, or make sense out of life "whatever you want. The more you write, the more you'll love it and the more you'll discover about yourself!

Book Information

Hardcover: 96 pages

Publisher: Simon Pulse/Beyond Words (May 10, 2001)

Language: English

ISBN-10: 1582700567

ISBN-13: 978-1582700564

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #1,030,299 in Books (See Top 100 in Books) #63 in Books > Teens > Education & Reference > Social Science > Anthropology #78 in Books > Teens > Hobbies & Games > Crafts & Hobbies #146 in Books > Teens > Education & Reference > Social Science > Psychology

Age Range: 12 and up

Grade Level: 7 and up

Customer Reviews

My daughter is a tough critic. She reads a lot of books and is not always easy on them. She not only enjoyed this book, but found it useful in thinking about who she was and where she was going. I recommend that parents and grandparents gift this book to the daughters and grand daughters.

This book is very cool. Most of the things are really cool to learn and do, Its def. worth reading

My 7 yo daughter loves this journal.

I purchased for my grand daughter and she loves it, it came real fast, in 2 days. She seems to really enjoy. Purchase for her birthday.

My eleven year old is really learning a lot about herself from this book. If you have a girl who tends to be introspective, this is a great find. It is best for pre-teen (or tween) girls.

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